

HELP® School Readiness Goals

School Readiness Goals aligned with each of the five essential Head Start Domains are provided to KinderChart-HELP 0-3 system users

KinderCharts and HELP® 0-3 Informing and Measuring School Readiness Goals for Infants and Toddlers

I. Action Plan

- Ongoing Assessment:** HELP® Strands 0-3 Curriculum Based Assessment booklet and Inside HELP® Administration & Reference Manual : More than 650 age appropriate skills and behaviors
- Curriculum:** HELP® at Home: Relationship based, age appropriate activities linked to HELP skills and behaviors
- Progress Measurement:** KinderCharts – HELP Progress Reporting System

II. School Readiness Goals

The following framework outlines examples of school readiness goals, aligned with the five essential Head Start Domains and supported using the HELP® Strands 0-3 curriculum based assessment process. Individual program goals and HELP supporting Strands, skills and behaviors can be selected, adapted, or added by programs and families to meet individual program and child needs within their community. KinderCharts tracks performance progress across EHS domains and HELP Strands.

1. Language and Literacy Development		
School Readiness Goals	Examples of HELP® Supporting Age Appropriate Skills and Behaviors	HELP® 0-3 Strands aligned to Goals and HELP skills and behaviors
1.1 Infants and toddlers have age-appropriate receptive language skills, including understanding the meaning of words and gestures, and, understanding and following directions	<p>Young Infants (0-8 months)</p> <ul style="list-style-type: none"> Attends to people talking Responds to name <p>Mobile infants (6-18 months)</p> <ul style="list-style-type: none"> Understands several words Follows simple requests <p>Toddlers (18-36+ months)</p> <ul style="list-style-type: none"> Understands storybooks Follows two step directions 	<p>2-1 Understanding the meaning of words</p> <p>2-2 Understanding and following directions</p>