


HELP Strands 0-3 Alignment with
Head Start Early Learning Outcomes Framework
Infant-Toddler Domains

Head Start Central Domains	Approaches to Learning	Social and Emotional Development	Language and Literacy	Cognition
Infant / Toddler Domains	1 Approaches to Learning	2 Social and Emotional Development	3. Language and Communication	4 Cognition
 HELP® Strands 0-3	Strand ID #		Receptive Language and Communication - Attending, Understanding, Vocabulary	
	0.0 Regulatory/Sensory Organization	5-1 Attachment/separation/autonomy	3a	1-1 Development of symbolic play
	1-1 Development of symbolic play	5-2 Development of self	2-1A,B Understands meaning of words	1-2 Gestural Imitation
	1-4A,B,C Problem solving	5-3 Expression of Emotions and Feelings	2-2 Understand & follow directions	1-4A,B,C Problem Solving
	2-7 Communicating through rhythm	5-5 Social interactions and play	2-4A Communicating with others: Gestural	1-6B Concepts: Numbers
	4-6 D Paper Activities: Paste, paint, fold	2-1B Understands meaning of words- Body Parts	3b	1-7A,B,C Discrimination/Classification
	5-4 Learning Rules and Expectations	2-4A Communicating with others: Gesturally	2-3 Expressive vocabulary	5-4 Learning Rules and Expectations
	5-3 Expression of Emotions and Feelings	2-4B Communicating with others: Verbally	2-4B Communicating with others: Verbally	6-7 Household Independence & Responsibility
	5-5 Social interactions and play		2-5 Grammar & sentence structure	
			2-6 Sounds and intelligibility	
		3.c		
		Emerging Literacy Skills: only applicable if > 7 mo.		
		1-6A Concepts - Pictures		
		2-7 Communicating through rhythm		
		4-6A Spatial perception and planning: Pre-writing		

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Head Start CENTRAL DOMAIN	Perceptual, Motor and Physical Development							
Infant/Toddler	5 Perceptual, Motor and Physical Development							
Sub-Domains	a <i>Perceptual</i>	b <i>Gross Motor</i>	c <i>Fine Motor</i>	d. <i>Health, Safety, Nutrition</i>				
HELP® Strands 0-3 Alignment	0.0	Regulatory/Sensory Organization	3-1	Gross motor - Prone (on tummy)	4-2	Grasp and prehension	6-1	Oral-motor development
	1-1	Development of symbolic play	3-2	Gross motor - Supine (on back)	4-3	Reach/ Approach	6-2	Dressing
	1-2	Gestural Imitation	3-3	Sitting	4-4	Development of voluntary release	6-3	Independent feeding
	1-3	Sound awareness & localization	3-4	Weight-bearing in standing	4-5	Bilateral and midline skills	6-4	Sleep patterns and behaviors
	1-5	Spatial relationships	3-5	Mobility & transitional movements	4-7 A-D	Manipulative prehension	6-5	Grooming and hygiene
	4-1	Visual responses & tracking	3-7A-F	Advancing Postural Control			6-6	Toileting
	4-6 A,B,C	Spatial perception and planning					6-7	Household Independence & Responsibility
	6-2	Dressing						
	6-5	Grooming and hygiene						