

HELP® for Early Head Start

Hawaii Early Learning Profile® 0-3

HELP 0-3 supports Early Head Start's...

- Expected Outcomes for Children and Families
- Program Performance Measures



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I. Programs strengthen parents as the primary nurturers of their children

Early Head Start Outcomes



HELP 0-3

- ◆ Parents demonstrate increased knowledge of child development and awareness of their children's developmental progress.
- ◆ Parents enhance their self-concept and emotional well-being and experience less parenting stress.
- ◆ Parents make progress toward their educational, literacy, and employment goals.
- ◆ Adult family members strengthen their relationships and work together in caring for children.
- *HELP 0-3* offers parents developmental checklists, charts, and hand-outs to help increase their knowledge of child development and their child's unique strengths and progress.
- *HELP at Home* handouts offer empathetic statements and information to parents to help them understand the source of their child's difficult and challenging behaviors, not take it personally, and respond in effective ways. There are also empathetic statements from the baby to parents that encourage parents to take care of themselves so they can take care of their child.
- *HELP at Home* activities recognize everyday stresses and capitalize on supporting the child's development in everyday situations and routines.
- Sensitive parent interview questions are included in *Inside HELP* and *HELP Family Centered Interview*, which help identify current and potential family supports and resources.

HELP® for Early Head Start

II. Programs support and enhance parent-child relationships

Early Head Start Outcomes



HELP 0-3

- ◆ Parents demonstrate more sensitivity and responsiveness in interactions with their children.
 - *Inside HELP* includes assessment of supportive (sensitive and responsive) caregiver interactions for each strand and developmental domain, as well as the *Regulatory/Sensory Organization* section.
 - *HELP at Home* provides parents with developmental information, support and activities that emphasize understanding, interpreting and responding to their child's cues and behaviors. Handouts are written from the child's point of view to enhance positive interactions and empathy.
- ◆ Parents spend more time with their children in activities that stimulate their children's development, such as reading to their children.
 - *HELP at Home* includes 540 pages of reproducible handouts for parents that include activities to enhance their child's development during everyday routines. Many include reading to their child and encouraging their child to explore books.
 - *HELP when the Parent has Disabilities* provides parenting curriculum that is adapted to accommodate parent disabilities.
- ◆ Parents provide home environments and experiences that are more supportive of their children's development.
 - ~~At~~ *Inside HELP* includes assessment of home environments that support for each area of developmental including safety, availability, variety and appropriateness.
 - *HELP at Home* provides parents with developmental information and activities to provide their child safe and developmentally supportive environments.

HELP® for Early Head Start

III. Programs enhance children's growth and development.



Early Head Start Outcomes



HELP 0-3

- ◆ Children demonstrate improved communication, language, and emergent literacy skills.
 - The *HELP Checklist, Strands & Charts* assess and track each child's Language (receptive and expressive), Communication (gestural and verbal), and emergent literacy skills (e.g., *HELP Strands: Learning grammar and sentence structure, Development of sounds and intelligibility, Picture and Number concepts, Pre-writing skills*).
 - *HELP at Home* includes thousands of activities that encourage communication, language and emergent literacy skills.
 - *HELP* assessment and curriculum materials are adapted to accommodate and enhance children with delays and disabilities.

- ◆ Children demonstrate improved general cognitive skills.
 - The *HELP Checklist, Strands & Charts* assess and track each child's cognitive development in cross-reference sections devoted to "Cognitive Development."
 - *HELP at Home* includes thousands of activities that encourage cognitive skills.

- ◆ Children demonstrate improved positive approaches toward learning, including improved attention skills.
 - *HELP 0-3* curriculum based assessment process emphasizes methods that help children enjoy learning, e.g., through play and in everyday routines and settings; sensitive parent involvement; positive behavioral approaches; sensory/regulatory assessment and curriculum to help match interactions and activities with the child's unique sensory preferences.

HELP® for Early Head Start

III. continued. Early Head Start programs enhance children's growth and development



Early Head Start Outcomes



HELP 0-3

- ◆ Children demonstrate improved social behavior, emotion regulation, and emotional well-being.
 - The *HELP Checklist*, *HELP Strands* & *HELP Charts* assess and track each child's social behavior, emotion regulation, and emotional well-being in cross-reference sections devoted to "Social Emotional Development."
 - *Inside HELP* and the *HELP Strands* include Regulatory/Sensory processing which emphasizes emotion regulation.
 - *HELP at Home* includes hundreds of activities that help families understand and support social and emotional skills and behaviors.
- ◆ Children demonstrate improved physical health and development.
 - *Inside HELP*, *HELP Checklist*, *HELP Strands* & *HELP Charts* assess and track each child's physical development in cross-reference sections devoted to "Gross Motor" and "Fine Motor" development.
 - *Inside HELP* and the *HELP Strands* include cross-referenced sections for "Auditory Awareness", and "Visual responses and tracking."
 - *HELP at Home* includes thousands of activities that support physical health and development.