HELP® 3–6 Assessment Strands Profile—2nd Edition (formerly “Preschoolers”)
Color-coded to the ECO Crosswalk to Early Childhood Outcomes
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Child Name/ID: __________________________ Date: __________ DOB: ______

1.0 COGNITIVE
1-4 Problem Solving
D. Reasoning
1-7 Discrimination/Classification
A. Matching/Sorting ____
B. Size ____
C. Associative ____
1-8 Attention ____
1-9 Reading Readiness ____
1-10 Math Readiness ____
1-11 Writing Skills ____
1-12 ²Dramatic Play ____
1-13 ²Time ____

6.0 SELF HELP
6-2 Independent Clothing
A. Dressing ____
B. Undressing ____
6-3 Independent Feeding ____
A. Eating ____
B. Drinking ____
6-5 Grooming ____
6-6 Toileting ____
6-8 Oral Hygiene ____
6-9 Nasal Hygiene ____

2.0 LANGUAGE
2-1 Receptive Language
A. Understanding Words ____
2-2 Following Directions ____
2-3 Expressive Vocabulary ____
2-4 Communicating with Others
B. Verbally ____
2-7 ²Communicating through Rhythm ____
2-8 ²Sign Language Skills** ____
2-9 Speechreading Skills** ____

3.0 GROSS MOTOR
3-7 Advancing Postural Control
A. Balance/Standing* ____
B. Walking/Running* ____
C. ²Jumping* ____
F. ²Catching/Throwing* ____
G. ²Bilateral Play* ____
H. ²Balance Beam* ____
3-8 ²Swimming* ____
3-9 Wheelchair Skills* ____

4.0 FINE MOTOR
4-6 Spatial Perception and Planning
A. Pre-writing* ____
B. ²Blocks/Puzzles* ____
D. ²Paper Activities* ____
4-7 Manipulative Prehension
C. ²Stringing Beads* ____
D. Scissors* ____
4-8 Perceptual Motor: Tactile* ____

5.0 SOCIAL-EMOTIONAL
5-1 Attachment/Adaptive Skills ____
5-2 Self Identification ____
5-4 Responsibility/Rules ____
5-5 Social Interactions and Play ____
5-6 Social Manners ____
5-7 Social Language ____
5-8 Personal Welfare/Safety ____

OSEP Outcomes Color Code Key

1. Outcome 1: Has positive social relationships
2. Outcome 2: Acquires, uses skills & knowledge
3. Outcome 3: Takes appropriate action to meet needs
4. Outcome 1 & 2 & 3

Note if child is age appropriate in a Strand but there is significant concern related to Outcome:

² New/updated as part of 2nd Edition, but not updated on ECO Crosswalk.