

3-5 Mobility & transitional movements (see *Inside HELP* – page 170)

Date	+ - A NA O	ID #	Age range begins	HELP Skills/Behaviors
		3.10	1.5–2	Rolls side to supine– <i>side to back</i>
		3.17	2–5	Rolls prone to supine– <i>from stomach to back; left and right; A if only with strong arching or to one side</i>
		3.28	4–5.5	Rolls supine to side– <i>initiates roll with head, shoulder or hip; A if only with strong arching or to one side</i>
		3.38	5.5–7.5	Rolls supine to prone– <i>back to tummy; some segmental movement; A if only with strong arching or to one side</i>
		3.31	5–6	Circular pivoting in prone– <i>at least ¼ turn each direction; using arms and legs; A if legs do not participate</i>
		3.48	6–8	Brings one knee forward beside trunk in prone– <i>hip and knee flex up to one side when weight shifts to the opposite side to reach a toy or attempt to move</i>
9/07	N/A	3.49	7–8	Crawls backward– <i>not an item to teach; N/A if not observed</i>
	+	3.52	8–9.5	Crawls forward– <i>a few feet on belly by moving both arms and both legs; A if legs do not participate</i>
	+	3.57	6–10	Goes from sitting to prone– <i>through a brief side–sitting position</i>
	+	3.54	8–9	Assumes hand–knee position– <i>with chest and belly off surface, several seconds</i>
	+	3.44	6–10	Gets to sitting without assistance– <i>via sidelying or hands and knees</i>
	+	3.53	8–10	Makes stepping movements– <i>in place; support is used for balance only</i>
	+	3.47	6–10	Pulls to standing at furniture– <i>arms do most of the work; legs may straighten together or one at a time through a brief half kneel</i>
	+	3.58	9–10	Lowers to sitting from furniture– <i>without falling or plopping down quickly</i>
	-	3.59	9–11	Creeps on hands and knees– <i>belly off ground moves in reciprocal pattern several feet; A if 'bunny hops'</i>
	+/-	3.61	9.5–13	Walks holding onto furniture– <i>moves sideways; without leaning –four steps</i>
	-	3.63	10–11	Pivots in sitting– <i>twists to pick up objects; 180 degrees by using hands for support and twisting trunk</i>
	N/A	3.64	10–12	Creeps on hands and feet– <i>not an item to elicit/teach; N/A if not observed</i>
	-	3.65	10–12	Walks with both hands held– <i>few steps, trunk upright, both hands held only for balance</i>
	-	3.67	11–12	Stands by lifting one foot– <i>pulls up to stand at crouched through half kneel</i>
		3.69	11	
		3.70	11	
		3.72	11	
		3.74	12	
		3.75	12	
		3.78	13	
		3.79	13	
		3.66	13	

→ **“Rule” 1 Plus, plus, minus, minus:** Report the last age range with a “+” credit after two consecutive “+” credits followed by two “-“ credits, unless the Strand ends before two “- “ can be observed (see exceptions)

EXAMPLE, STRAND 3-5

CHILD CA= 16 MO. APPROXIMATE DAL= 9-10 MO.

NOTES:

3.51-Takes about 1-2 steps at furniture