

**HELP® 3–6 Assessment Strands Profile–2nd Edition** (formerly “Preschoolers”)

**Color-coded to the ECO Crosswalk to Early Childhood Outcomes**

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Child Name/ID: \_\_\_\_\_ Date: \_\_\_\_\_ DOB: \_\_\_\_\_

**1.0 COGNITIVE**

- 1-4 Problem Solving
  - D. Reasoning \_\_\_\_\_
- 1-7 Discrimination/Classification
  - A. Matching/Sorting \_\_\_\_\_
  - B. Size \_\_\_\_\_
  - C. Associative \_\_\_\_\_
- 1-8 Attention \_\_\_\_\_
- 1-9 Reading Readiness \_\_\_\_\_
- 1-10 Math Readiness \_\_\_\_\_
- 1-11 Writing Skills \_\_\_\_\_
- 1-12 <sup>2</sup>Dramatic Play \_\_\_\_\_
- 1-13 <sup>2</sup>Time \_\_\_\_\_

**2.0 LANGUAGE**

- 2-1 Receptive Language
  - A. Understanding Words \_\_\_\_\_
- 2-2 Following Directions \_\_\_\_\_
- 2-3 Expressive Vocabulary \_\_\_\_\_
- 2-4 Communicating with Others
  - B. Verbally \_\_\_\_\_
- 2-7 <sup>2</sup>Communicating through Rhythm \_\_\_\_\_
- 2-8 <sup>2</sup>Sign Language Skills\*\* \_\_\_\_\_
- 2-9 <sup>2</sup>Speechreading Skills\*\* \_\_\_\_\_

**3.0 GROSS MOTOR**

- 3-7 Advancing Postural Control
  - A. Balance/Standing\* \_\_\_\_\_
  - B. Walking/Running\* \_\_\_\_\_
  - C. <sup>2</sup>Jumping\* \_\_\_\_\_
  - F. <sup>2</sup>Catching/Throwing\* \_\_\_\_\_
  - G. <sup>2</sup>Bilateral Play\* \_\_\_\_\_
  - H. <sup>2</sup>Balance Beam\* \_\_\_\_\_
- 3-8 <sup>2</sup>Swimming\* \_\_\_\_\_
- 3-9 Wheelchair Skills\* \_\_\_\_\_

**4.0 FINE MOTOR**

- 4-6 Spatial Perception and Planning
  - A. Pre-writing\* \_\_\_\_\_
  - B. <sup>2</sup>Blocks/Puzzles\* \_\_\_\_\_
  - D. <sup>2</sup>Paper Activities\* \_\_\_\_\_
- 4-7 Manipulative Prehension
  - C. <sup>2</sup>Stringing Beads\* \_\_\_\_\_
  - D. Scissors\* \_\_\_\_\_
- 4-8 Perceptual Motor: Tactile\* \_\_\_\_\_

**5.0 SOCIAL-EMOTIONAL**

- 5-1 Attachment/Adaptive Skills \_\_\_\_\_
- 5-2 Self Identification \_\_\_\_\_
- 5-4 Responsibility/Rules \_\_\_\_\_
- 5-5 Social Interactions and Play \_\_\_\_\_
- 5-6 Social Manners \_\_\_\_\_
- 5-7 Social Language \_\_\_\_\_
- 5-8 Personal Welfare/Safety \_\_\_\_\_

**6.0 SELF HELP**

- 6-2 Independent Clothing
  - A. Dressing \_\_\_\_\_
  - B. Undressing \_\_\_\_\_
- 6-3 Independent Feeding \_\_\_\_\_
  - A. Eating \_\_\_\_\_
  - B. Drinking \_\_\_\_\_
- 6-5 Grooming \_\_\_\_\_
- 6-6 Toileting \_\_\_\_\_
- 6-8 Oral Hygiene \_\_\_\_\_
- 6-9 Nasal Hygiene \_\_\_\_\_

\*Precursor skills for functional behaviors. These skills may not be appropriate or expected for some children, including those with motor or other impairments.

\*\*Some items relate to assessment of specific skills that are most relevant for children with certain types of sensory, motor, or other impairments. These skills may not be appropriate or expected to contribute information about functioning on the outcome for many children.

**Strand Credit Key**

Record approx developmental age level (DAL) in months.

A = atypical, dysfunctional

Add "A" with DAL if 1 or 2 Strand skills were credited as "A"

Mark only "A" if most Strand skills are atypical

"N/A" if entire Strand not appropriate to assess due to age, disability, or circumstance

"OK" if Strand ends within 3 mo of age & final 2 skills are + with no "A" in strand.

**OSEP Outcomes Color Code Key<sup>1</sup>**

- Outcome 1: Has positive social relationships
- Outcome 2: Acquires, uses skills & knowledge
- Outcome 3: Takes appropriate action to meet needs
- Outcome 1 & 2 & 3      ■ Outcome 2 & 3

<sup>1</sup> **Note** if child is age appropriate in a Strand but there is significant concern related to Outcome:

<sup>2</sup> **New/updated as part of 2<sup>nd</sup> Edition, but not updated on ECO Crosswalk.**