

HELP® 3-6 Alignment to the Head Start Framework. © 2011 VORT Corporation

Framework Domain / Element	HELP® 3-6 Strand	HELP® 3-6 Strand Definition
DOMAIN: PHYSICAL DEVELOPMENT & HEALTH		
Physical Health Status	5-8 Personal Welfare / Safety	The ability to identify and avoid dangerous situations to be safe.
Health Knowledge & Practice	6-2A Dressing	The ability to accomplish personal care tasks by dressing.
	6-2B Undressing	The ability to accomplish personal care tasks by undressing.
	6-3A Eating	The ability to experience eating a variety of nutritious foods.
	6-3B Drinking	The ability to accomplish the skills necessary for drinking with a straw and drinking at a water fountain.
	6-5 Grooming	The ability to accomplish good grooming by completing personal care tasks.
	6-6 Toileting	The ability to use the toilet facilities safely and properly and practices safe hygiene.
	6-8 Oral Hygiene	The ability to accomplish oral hygiene by brushing and rinse after meals and snacks.
	6-9 Nasal Hygiene	The ability to accomplish good nasal hygiene when there is a need to.
Gross Motor Skills	3-7A Balance/Standing	The ability to use large muscles for balance.
	3-7B Walking/Running	The ability to use large muscles for walking and running.
	3-7C Jumping	The ability to use large muscles for jumping.
	3-7F Catching/Throwing	The ability to use large muscles for catching and throwing.
	3-7G Bilateral Play	The ability to use large muscles to accomplish bilateral play by riding a tricycle.
	3-7H Balance Beam	The ability to use large muscles to accomplish the balance beam.
	3-8 Swimming	The ability to use large muscles for swimming.
	3-9 Wheelchair Skills	The ability to accomplish wheelchair skills.
Fine Motor Skills	4-6A Pre-Writing	The ability to use small muscles to accomplish pre-writing skills.
	4-6B Blocks/Puzzles	The ability to use small muscles to accomplish block and puzzle skills.
	4-6D Paper Activities	The ability to use small muscles to do paper activities.
	4-7C Stringing Beads	The ability to use small muscles to accomplish stringing beads.
	4-7D Scissors	The ability to use small muscles to do scissor skills.

DOMAIN: SOCIAL & EMOTIONAL DEVELOPMENT		
Social Relationships	5-5 Social Interactions and Play	The ability to develop social relationships through social interactions and play.
	5-6 Social Manners	The ability to use social manners in social situations with peers and adults.
Self-Concept & Self-Efficacy	5-1 Attachment/Adaptive Skills	The ability to develop self-concept/efficacy through attachment and adaptive skills.
	5-2 Self Identification	The ability to identify personal characteristics through self identification.
Self-Regulation	5-4 Responsibilities / Rules	The ability to demonstrate control of emotions and impulses in following simple rules and routines.

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	2-2 Following Directions	The ability to accomplish self-regulation by following directions.
Emotional & Behavioral Health	0-0 Self Regulation	The ability to express emotions and control temper through self regulation.

DOMAIN: APPROACHES TO LEARNING		
Initiative & Curiosity	5-5 Social Interactions and Play	The ability to demonstrate creativeness and imagination through social interactions and play.
Persistence & Attentiveness	1-8 Attention	The ability to demonstrate independence in learning by completing a task or activity.
Cooperation	5-5 Social Interactions and Play	The ability to accomplish cooperation through social interactions and play.

DOMAIN: LOGIC & REASONING		
Reasoning & Problem Solving	1-4D Problem Solving / Reasoning	The ability to find a solution to a situation through problem solving and reasoning.
Symbolic Representation	1-12 Dramatic Play	The ability to accomplish symbolic representation through dramatic play.

DOMAIN: LANGUAGE DEVELOPMENT		
Receptive Language	2-1A Receptive: Understanding Words	The ability to understand words through receptive language.
Expressive Language	2-3 Expressive Language	The ability to use language with peers and adults.
	2-8 Sign Language Skills	The ability to use sign language to communicate with adults and peers.
	2-9 Speech Reading Skills	The ability to accomplish speech reading skills when there is a need.

DOMAIN: LITERACY KNOWLEDGE & SKILLS		
Book Appreciation and Knowledge	1-9 Reading Readiness	The ability to accomplish an interest in books through reading readiness.
Phonological Awareness	2-1 Receptive: Understanding Words	The ability to accomplish phonological awareness through understanding the sounds in the separate syllables of words.
Alphabet Knowledge	1-9 Reading Readiness	The ability to accomplish alphabet recognition through reading readiness.
Print Concepts & Conventions	1-9 Reading Readiness	The ability to understand the concepts of print through reading readiness.
Early Writing	1-11 Writing Skills	The ability to use writing tools and materials to accomplish writing letters or words.
	4-6A Pre-Writing	The ability to use a dynamic tripod grasp to accomplish pre-writing skills.

DOMAIN: MATHEMATICS KNOWLEDGE & SKILLS		
Number Concepts & Quantities	1-10 Math Readiness	The ability to recognize, recite and use numerical symbols through math readiness skills.
Number Relationships & Operations	1-10 Math Readiness	The ability to group objects to solve numerical problems through math readiness skills.
Geometry & Spatial Sense	1-11 Writing Skills	The ability to recognize common shapes and their properties through writing skills.

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Patterns	1-11 Writing Skills	The ability to duplicate and create patterns through writing skills.
	4-7C Stringing Beads	The ability to create and duplicate patterns through stringing beads.
Measurement & Comparison	1-7A Classification: Matching / Sorting	The ability to measure and compare objects through matching and sorting.
	1-7B Classification: Size	The ability to measure and compare objects using classification skills.
	1-7C Classification: Associative	The ability to measure and compare a group of different objects.

DOMAIN: SCIENCE KNOWLEDGE & SKILLS		
Scientific Skills & Method	4-8 Perceptual Motor: Tactile	The ability to collect information and draw conclusions through perceptual motor.
	1-7A Classification: Matching and Sorting	The ability to compare objects through matching and sorting.
	1-7B Classification: Size	The ability to observe and compare the size of objects.
	1-7C Classification: Associative	The ability to use associative skills to compare objects.
Conceptual Knowledge of the Natural & Physical World	4-8 Perceptual Motor: Tactile	The ability to acquire concepts and facts about the natural and physical world through perceptual motor skills.

DOMAIN: CREATIVE ARTS EXPRESSION		
Music	2-7 Communication through Rhythm	The ability to communicate through music using the voice or musical instruments.
Creative Movement & Dance	2-7 Communication through Rhythm	The ability to communicate through rhythm by creative movement.
Art	4-6A Pre-Writing	The ability to use paper activities, pre-writing and scissor skills to create artistic creations.
Drama	1-12 Dramatic Play	The ability to use creativity and imagination in dramatic play.

DOMAIN: SOCIAL STUDIES KNOWLEDGE & SKILLS		
Self, Family & Community	5-2 Self Identification	The ability to understand the family structure through self-identification.
	5-4 Responsibilities / Rules	The ability to understand responsibilities and rules in the classroom and the community.
People & the Environment	5-4 Responsibilities / Rules	The ability to respect and share the environment with adults and peers.
	5-8 Personal Welfare / Safety	The ability to recognize special aspects of the environment through personal welfare and safety.
History & Events	1-13 Time	The ability to recognize the sequence of events through time skills.
	2-4B Communicating: Verbally	The ability to verbally communicate with others events that happened in the past.

DOMAIN: ENGLISH LANGUAGE DEVELOPMENT		
Receptive English Language Skills	2-1A Receptive: Understanding Words	The ability to use non-verbal responses to short words and phrases in the English language.

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	2-7 Communicating through Rhythm	The ability to understand the English language through pointing, dancing to music and following simple directions.
Expressive English Language Skills	2-3 Expressive Vocabulary	The ability to repeat simple words or phrases in the English language.
	2-4B Communicating: Verbally	The ability to request items in the English language from peers and adults.
	5-7 Social Language	The ability to socially use one or two English words.
Engagement in English Literacy Activities	2-1A Receptive: Understanding Words	The ability to non verbally demonstrate eagerness in learning a song, rhyme or story in the English language.
	2-3 Expressive Vocabulary	The ability to tell adults or peers about a story read in the English language.
	2-4B Communicating: Verbally	The ability to accomplish telling all the parts of a story in the English language.
	2-7 Communicating through Rhythm	The ability to learn the words of a song in the English language.